

100 Ways to Fight Antblackness and Aid those Protesting.

A lot of people have been reaching out to me to see how they can help if they are unable to come out and protest alongside these revolutionaries so me and some friends took the time to create a list of things you could do. Get in where you fit in. Everyone plays a role in the revolution..

- . FOR PROTESTORS- social media monitoring is important. Here is a list of words being monitored on social media sites by the department of homeland security:
<https://twitter.com/thierrymulger/status/1266569099980627968?s=20>
- . STOP WITH THE PERFORMATIVE ACTIVISM- fighting for our life isn't cool or edgy or whatever. If you share or RT something please make sure you are doing the work behind the scenes to make that RT worth it
- . "10 Steps to Non-Optical Allyship"- Mireille Cassandra Harper
Step 1: Understanding what optical allyship is
"Allyship that only serves at the surface level to platform the 'ally', it makes a statement but doesn't go beneath the surface and is not aimed at breaking away from the systems of power that oppress"- Latham Thoman
- . Recognize your privilege. ***This means reverse racism isn't a thing***. Everyone needs to check themselves. White people, communities of color, rich black folks, people with access to higher education, non LGBTQIA+ folks, able bodied folks. We all have to sit with the ways in which we were complicit in past violences and how we can move forward and not perpetuate anymore violence. (This is a pro violent protest document. Because when you're fighting for your life, you do what you got to do.)
Understand that this is not a fun thing to do. You will be uncomfortable. You will feel shame and you will feel guilt. This is where you sit with that and do better going forward.

- . Hand out Water/Snacks to protestors. It's a long day. And it's exhausting.

Other items to donate include: bandaids, gauze, inhalers, Narcone/ Narcan, White Sheets, EpiPens, alcohol/hydrogen peroxide, saline, milk of magnesia, baking soda, bandanas, disinfectant wipes, hand sanitizer, goggles, umbrellas, non perishable high protein snacks, gatorade, sunscreen, portable chargers, ect.

- . Bring extra face masks or gloves for those that don't have one. COVID19 did not go away. Additionally, write emergency contact info on your arm and cover with waterproof coating (if possible -- hairspray works wonders!). NOTE: The contacts should **not** have names tied to them, should just be numbers -- include one for a *bail fund* and one for a *close contact*.
 - . Stand up to islamophobia whenever you see it
 - . Go to the dollar store and get a bunch of spray bottles. Fill them with water 90% and baking soda 10%. Hand them out. This is how you treat tear gas and pepper spray.
- Additionally:

- . Sign these petitions:

Warning #1: trans friends, if you sign the petitions with your deadname the link it generates for you to share with your friends includes your deadname. Be mindful of that.

Warning #2: If you live outside of the United States and it asks you to list a zip code you can use one of these: 90015, 10001, 75001, 89031. 89106

Warning #3: Some sites like change.org will ask you to donate and make it seem like those funds are going directly to petition organizers -- THEY ARE NOT, they are going directly to the company. Use one of the links below if you want to donate.

Justice for George Floyd #BlackLivesMatter: <https://www.change.org/p/mayor-jacob-frey-justice-for-george-floyd>

Justice for Breonna Taylor #SayHerName: <https://>

www.change.org/p/andy-beshear-justice-for-breonna-taylor
Justice for Tony McDade #BlackTransLivesMatter: <https://www.change.org/p/black-lives-matter-activists-justice-for-tony-mcdade>
[https://actionnetwork.org/letters/demand-justice-for-tony-mcdade?source=direct link&](https://actionnetwork.org/letters/demand-justice-for-tony-mcdade?source=direct_link&)
Justice for Ahmaud Arbery #BlackLivesMatter: <https://www.change.org/p/glynn-county-district-attorney-justice-for-ahmaud-arbery>

Donate to these Bail Funds

Master Threads (covers multiple areas) --

Find your local bail fund here: [https://](https://www.communityjusticeexchange.org/nbfndirectory)

www.communityjusticeexchange.org/nbfndirectory

The Ultimate Master Thread: <https://linktr.ee/lanihp>

Another Google Doc for Donation Resources: [https://](https://docs.google.com/document/d/1CjZMORRVuv-I-qo4B0YfmOTqIOa3GUS207t5iuLZmyA/edit)

docs.google.com/document/d/1CjZMORRVuv-I-qo4B0YfmOTqIOa3GUS207t5iuLZmyA/edit

Twitter 1: [https://twitter.com/_josiejo/status/](https://twitter.com/_josiejo/status/1266550317509832704)

[1266550317509832704](https://twitter.com/_josiejo/status/1266550317509832704)

Twitter 2: [https://twitter.com/earringdealer/status/](https://twitter.com/earringdealer/status/1266276478737510401)

[1266276478737510401](https://twitter.com/earringdealer/status/1266276478737510401)

National Bailout: <https://linktr.ee/nationalbailout>

The Bail Project: <https://bailproject.org/>

Communities United Against Police Brutality: [https://](https://www.cuapb.org/what_we_do)

www.cuapb.org/what_we_do

NAACP Legal Defense Fund: <https://www.naacpldf.org/about-us/>

ACLU: [https://action.aclu.org/give/now?](https://action.aclu.org/give/now?ms_aff=NAT&initms_aff=NAT&ms=web_horiz_nav_hp&initms=web_horiz_nav_hp&ms_chan=web&initms_chan=web)

[ms_aff=NAT&initms_aff=NAT&ms=web_horiz_nav_hp&initms=web_horiz_nav_hp&ms_chan=web&initms_chan=web](https://action.aclu.org/give/now?ms_aff=NAT&initms_aff=NAT&ms=web_horiz_nav_hp&initms=web_horiz_nav_hp&ms_chan=web&initms_chan=web)

Minnesota --

Minnesota Freedom Fund: <https://minnesotafreedomfund.org/>

Bail Call Number: [https://twitter.com/xnmtx/status/](https://twitter.com/xnmtx/status/1266215072977674240)

[1266215072977674240](https://twitter.com/xnmtx/status/1266215072977674240)

Black Visions: <https://twitter.com/traderjosephina/status/>

[1266235040804954113](https://twitter.com/TwinCitiesDSA/status/1266183508634021889)

Twin Cities DSA: <https://twitter.com/TwinCitiesDSA/status/1266183508634021889>

Fund for Damaged Black-Owned Businesses: https://www.gofundme.com/f/Damages-to-a-Black-Owned-Business-Optimism-IC?utm_source=twitter&utm_medium=social&utm_campaign=p_cp+share-sheet

Twin Cities Recovery Project: https://www.gofundme.com/f/twin-cities-recovery-project-south-mpls-support?utm_source=twitter&utm_medium=social&utm_campaign=m_pd+share-sheet

Women for Political Change: https://secure.everyaction.com/gMU_J7q-pUSd6lSJJwnQcg2

Gear Fund: <https://twitter.com/saintfadumo/status/1266126340257964032>

Scores Sports Recovery Fund: <https://twitter.com/Humbowumbo/status/1266387662539292672>

MIGIZI Native Recovery Fund: <https://www.givemn.org/organization/Migizi-Communications>

For the People Twin Cities: <https://twitter.com/PurelyPurgatory/status/1266440420273336321>

Reclaim the Block: <https://twitter.com/reclaimtheblock/status/1266360565787549697>

New York--

Brooklyn Bail Fund: <https://brooklynbailfund.org/donation-form>

Bailout NYC: <https://twitter.com/sailorfemme/status/1266260336471969795>

Survived and Punished Mutual Aid Fund: <https://spny.wedid.it/campaigns/7636>

Free Them All for Public Health (also helping Louisville): <https://twitter.com/FreeThemAll2020/status/1266445544118980608>

Atlanta --

Atlanta George Floyd Protest Bail Fund: <https://actionnetwork.org/fundraising/support-justiceforgeorgefloyd-protesters-in-atlanta/>

[fbclid=IwAR34mCPPgeE1F8U0pcRdr250r27QrEqWk7WJ9c6VaAmL8kdIWl42t6YfPvE](https://www.gofundme.com/f/peoples-city-council-ticket-fund?utm_source=customer&utm_medium=copy_link-tip&utm_campaign=p_cp+share-sheet)

California --

LA Bail Fund: https://www.gofundme.com/f/peoples-city-council-ticket-fund?utm_source=customer&utm_medium=copy_link-tip&utm_campaign=p_cp+share-sheet

Louisville --

Louisville Community Bail: <https://actionnetwork.org/fundraising/louisville-community-bail-fund/>

Free Them All for Public Health (also helping NYC): <https://twitter.com/FreeThemAll2020/status/1266445544118980608>

Houston --

Pro-bono lawyer fund: https://www.gofundme.com/f/pro-bono-representation-of-houston-protestors?utm_source=customer&utm_medium=copy_link&utm_campaign=p_cf+share-flow-1

Detroit --

Bond, Legal, and Medical Fund for Sha-Teina El Grady #NoJusticeNoPeace: <https://www.gofundme.com/f/bond-for-shateina-el-grady>

Number to call for protestor bond info: <https://twitter.com/grenadine/status/1266597807886143488>

Michigan Solidarity Bail Fund: <https://michigansolidaritybailfund.com/>

The Bail Project Contact (see above [Master Threads] for donation link): <https://twitter.com/metroDpan/status/1266601623628939265>

Ohio --

Columbus Freedom Fund: https://twitter.com/fund_columbus/status/1266233686850224134

Toronto --

Justice for Regis Korchinski Paquet #SayHerName: https://www.gofundme.com/f/cggys2-justice-for-regis?utm_source=twitter&utm_medium=social&utm_campaign=p_cp+share-sheet

New Jersey --

Newark Community Garden Fund: <https://www.gofundme.com/f/funding-for-jannah-on-grafton>

Illinois --

Chicago Bail Fund: <https://chicagobond.org/donate/>

Massachusetts --

Boston Bail Fund: <https://twitter.com/MassBailFund/status/1266551427343810560>

Pennsylvania --

Philly Bail Fund: <https://www.phillybailfund.org/>

Nevada --

Vegas Freedom Fund: <https://secure.actblue.com/donate/vegasfreedomfund>

North Carolina --

Charlotte Uprising: <https://twitter.com/cltuprising>

Colorado --

Colorado Freedom Fund: <https://fundly.com/coloradofreedom?form=popup#>

Nebraska --

Omaha Bail Fund: <https://twitter.com/prairieruze/status/1266577130974035968>

Tennessee --

Nashville Community Bail Fund: <https://nashvillebailfund.org/>

Educate yourself.

If you aren't a reader here is a podcast

<https://www.hellablackpod.com/>

If you are a reader here is a book:

Me and White Supremacy by Layla Saad

Here are some articles too:

Dear White America by George Yancy (<https://opinionator.blogs.nytimes.com/2015/12/24/dear-white-america/>)

More reading:

<https://drive.google.com/drive/folders/0Bz011IF2Pu9TUWixVWxybGJ1Ync>

- . Get involved in local grassroots radical movements in your community.
 IF you are interested in setting up your own *clean* social media presence before protesting (highly recommended to avoid state capture/tracking), this thread is extremely helpful: <https://twitter.com/staysafefriendz/status/1266334702098698241>
 Clean up your current social media! Don't put your loved ones at more risk!: <https://twitter.com/TheBlackLayers/status/1266245501290078208>
- . Be committed to the distribution of wealth. This means coming through for you community when someone needs a ride. Or if someone needs a meal. Even new shoes. We have to come through for each other. This is not charity! It's about building a network for your community.
 What is mutual aid? <https://www.youtube.com/watch?v=PopmGAvsggg&feature=youtu.be>
 Look into local mutual aid groups if you are unsure of how to get organized/started!
 Master list: <https://itsgoingdown.org/c19-mutual-aid/>
 Start a mutual aid network for your community https://gdoc.pub/doc/e/2PACX-1vRMxV09kdojzMdyOfapJUOB6Ko2_1iAfIm8ELeIgamma21wIt5HoTqP1QXadF01eZc0ySrPW6VtU_vey?
- . Stop calling the cops on people.
 But what's the alternative?
<https://www.aaronxrose.com/blog/alternatives-to-police>
- . Be committed to prison abolition
- . Be committed to the abolition of police. Look into your local PD's budget and how it compares to how much they spend on social services.
 "But we need them!" Nope: <https://www.nature.com/articles/s41562-017-0211-5>
 Look into your local coalitions to defund police departments: <https://newrepublic.com/article/157875/pandemic->

[right-time-defund-police](#)

NON-BLACK PEOPLE- put your body on the line. If u see an encounter going unjustly, put yourself between Black folk and those who seek to do them harm. Form lines between Black protestors and the police.

A thread: <https://twitter.com/byersfilms/status/1265768645990526988>

BLACK PEOPLE- arm yourself. Go to the gun range and learn to shoot. We shouldn't be the only demographic without weapons. Get your family prepared to defend themselves.

Babysitters- Protesting is dangerous. If you can watch some folks kids, then do that. We don't need babies on the front lines.

Make your Politics Black and Queer. Until we get out of a cisheteronormative understandings ALL black lives won't matter.

Make mental health a priority. Here are some resources:

<https://www.nami.org/Support-Education/Diverse-Communities/African-American-Mental-Health>

<https://www.blackgirlssmile.org/resources>

<https://www.beam.community/bvtn>

<https://www.blackvoicenews.com/2019/12/11/warm-hotlines-deliver-help-before-mental-health-crisis-heats-up/>

Donate to the NAACP Legal Defense Fund

<https://www.naacpldf.org/>

How to safely Film police misconduct

Ask yourself, "If I wasn't here, what would I need to see to understand what happened?"

<https://www.teenvogue.com/story/how-to-film-police-safely>

Donate to this organization that will provide medical assistance to injured protestors

<https://www.northstarhealthcollective.org/>

Be on the look out for white supremacist groups setting up fake protests to trap folks!

Note from a friend based in San Diego: "PSA for San Diego: If you're planning on taking part in any actions this weekend please

be aware that East County white supremacists r planning on being heavily involved and agitating to further their own agendas. Please keep your heads on a swivel and be safe”

. Text RESIST to 50409

. EMAIL YOUR SENATORS

Sample:

“Hello my name is {First, last},

I am writing to request that you reflect on the view of your constituents and make sure that they are in line with and support legislation that would bring officers who break the law to justice. Unarmed civilians deserve justice after being murdered by police officers. Your support can help bring justice where it is due.”

. Don't say “I don't see color” stop it. please.

. Don't have a White savior complex

. Stop Victim Blaming- when you say “well we didn't see the whole video”, or “we don't know what happened before we got there”, you are justifying a person's death

. Stop saying “We are a human race.” stop it.

. Stop saying “I never owned slaves”

. Stop Beliving we are a post racial society

. Call out your racist family members for the racist things they say

. Call out your colleagues who say racist things at work

. If you are in charge of making curricula make sure there is work by black people

. Don't compare animal exploitation to racism

. Interrogate your double standards when it comes to drug use. (white dispensaries flourishing while black folks are in jail)

. If you aren't black cut your dreads right now.

. Confederate flags got to go.

. Educate yourself on The school to prison pipeline

. “Make America great again” stop it. It was never great.

. Stop using Racial slurs. If there is a slur outside of your social location don't use it.

. Educate yourself on Hate crimes

- . Educate yourself on modern day lynching
- . Educate yourself on Hiring discrimination
- . Educate yourself on Racial profiling
- . Educate yourself on Voter suppression
- . Educate yourself on Euro-centric curriculums
- . Educate yourself on English only initiatives
- . Educate yourself on Cultural appropriation
- . Educate your self on Anti-immigration policies.
- . Educate yourself on your subconscious Fears of POC
- . Stop saying “But I have good intentions” when you are called out.
- . Educate yourself on Racial fetishes
- . Set up A community Garden
- . NON-BLACK PEOPLE PT 2: Be ready for a **long** and **difficult** fight. Justice doesn’t happen overnight and your energy is **easily** swayed back to the comfort of complacency -- fight that and recognize your comfort comes at the cost of perpetuating antiblackness which is unacceptable.
- . Register to Vote- even if you exercise your right not to. If you want to, don't let registration timelines hold you back.
<https://vote.gov/>
- . Watch shows created by black people. Go see black films. Watch with a critical lens. How are they portraying black people in comparison to other films?
- . Buy your children black toys and read books to them with black characters
- . Buy from a black business at least once a week
- . Stop saying people “act white”
- . Stop asking black folks if they have their real hair or if you can touch their hair
- . Avoid sharing traumatic content. The videos of black people being abused is triggering and dehumanizing. Let us mourn and grieve. We don't need to ~see~ what happened. We already know.
- . Do not center the narrative around yourself. Even if you can relate. Now is not the time to bring up your story or any similar story, because if it was that important to you, you would have been

talking about it.

- . Keep supporting after the dust settles. When the protest stops, that doesn't mean racism has ended. Support black media, orgs, initiatives, ect.
- . Write to incarcerated individuals (through email or penpal programs)
<https://www.blackandpink.org/penpal-newsletter/>
<https://survivedandpunished.org/guide-to-writing-letters/>
- . NON-BLACK PEOPLE-- call out antiblackness when you see it-- you need to be willing to have difficult conversations with your family and friends. If they make racist jokes or references, you shouldn't let it slide or ignore it.
- . Just because you don't see racism. Doesn't mean its not happening. Trust black peoples experiences.
- . Black people are not monolithic. Don't assume we share the same views
- . When you have a tan. We don't care "that you are as dark as us"
- . Stop thinking that your one black friend is representative of the entire race
- . Stop thinking that because you are in proximity to black people (have a black partner, friend, or family member) that you cant be racist. You can. There is negrophilia and negrophobia. Look those terms up.
- . Realize you don't get to decide what is or isn't racist. You don't get to decide when you offend someone. Lay in that bed you made.
- . Some days are really hard. Don't press your black friends for their opinion on the latest issue.
- . Stop authenticity testing light skin black people. Other black people got that handled.
- . When visiting a museum find out how many black artist are there. And if they are underrepresented send an email to the gallery.
- . Go to a black drag show and tip
- . Don't gentrify. If you are upper or middle class avoid moving in to areas that are populated by low income black folks
- . If someone ask you to fill a role that a black person is better suited

for, recommend a talented black person.

- . Don't refer to Africa as a country. It's a continent
- . Don't wear black face. You and I both know when that bronzer gets a little iffy.
- . Don't play devils advocate when it comes to conversations about race
- . Share alerts when ICE is planning a raid
- . Research the candidates you are voting for
- . Refuse to speak on an all white panel, regardless of the topic
- . Don't try and guess someone's race. That's not a fun game we like to play. Especially for those that are racially ambiguous.
- . If you are a parent to a black child love on them, and make sure they have access to spaces where people look like them and understand their experiences.
- . Remember your mixed kids don't solve racism
- . Stop calling black people exotic
- . Stop sharing culturally specific meme or gifs of black people to "replicate" your reaction. You are using it as a caricature and that is considered digital black face.
- . Support sex workers
- . Go see a play written by black people
- . Don't assume every black person knows about their country of origin. A lot of those connections we lost through the middle passage. And a long history of ripping slaves of their roots.
- . Don't send us racist article or video you seen on the internet. We get it. I promise you.
- . A list of Black Go Fund Me's:
 - Sylvia Leroy:
<https://www.gofundme.com/f/help-a-front-line-nurse-and-baby-get-proper-care>
 - Black Doctors Fighting COVID19:
<https://www.gofundme.com/f/covid19-BDCC>
 - Jessica Mahone:
<https://www.gofundme.com/f/jessica-mahone>
 - Homeless Black Trans Women Fund: <https://>

[www.gofundme.com/f/homeless-black-trans-women-fund?
utm_source=twitter&utm_medium=social&utm_campaign=p_cp
+share-sheet](https://www.gofundme.com/f/homeless-black-trans-women-fund?utm_source=twitter&utm_medium=social&utm_campaign=p_cp+share-sheet)

- Mutual Fund for Sex Workers of Color: [https://](https://www.gofundme.com/f/38p5bp?utm_source=twitter&utm_medium=social&utm_campaign=m_pd+share-sheet)

[www.gofundme.com/f/38p5bp?](https://www.gofundme.com/f/38p5bp?utm_source=twitter&utm_medium=social&utm_campaign=m_pd+share-sheet)

[utm_source=twitter&utm_medium=social&utm_campaign=m_p
d+share-sheet](https://www.gofundme.com/f/38p5bp?utm_source=twitter&utm_medium=social&utm_campaign=m_pd+share-sheet)

- Emergency Fund for Two Homeless Black Women: [https://
twitter.com/traderjosephina/status/1265025135142207488](https://twitter.com/traderjosephina/status/1265025135142207488)

- . Stop supporting organizations that promote hate
- . Don't tell racist jokes
- . Offer a listening ear to your black friends, family, partners, and loved ones. They are hurting. Don't speak over them or try to offer an alternate reality of their experiences. Listen to them and be committed to doing better by them.
- . Share this list with your Family and Friends

THIS LIST IS NOT LAW. IM SURE I LEFT OUT OTHER NOTABLE LINKS AND ORGANIZATIONS, BUT THIS IS ME HELPING YOU FIGURE OUT A PLACE TO START. YOU HAVE TO DO THE WORK AND KEEP IT GOING. YOU HAVE TO SEEK INFORMATION FOR YOURSELF. YOU HAVE TO UNLEARN THE NORMALCY OF WHITE SUPREMACY. I CAN'T DO IT FOR YOU. CHANGE DOESN'T HAPPEN OVERNIGHT. YOU HAVE TO CONTINUE THESE PRACTICES AND MAKE THEM A PART OF YOUR EVERYDAY LIFE. LOVE.